

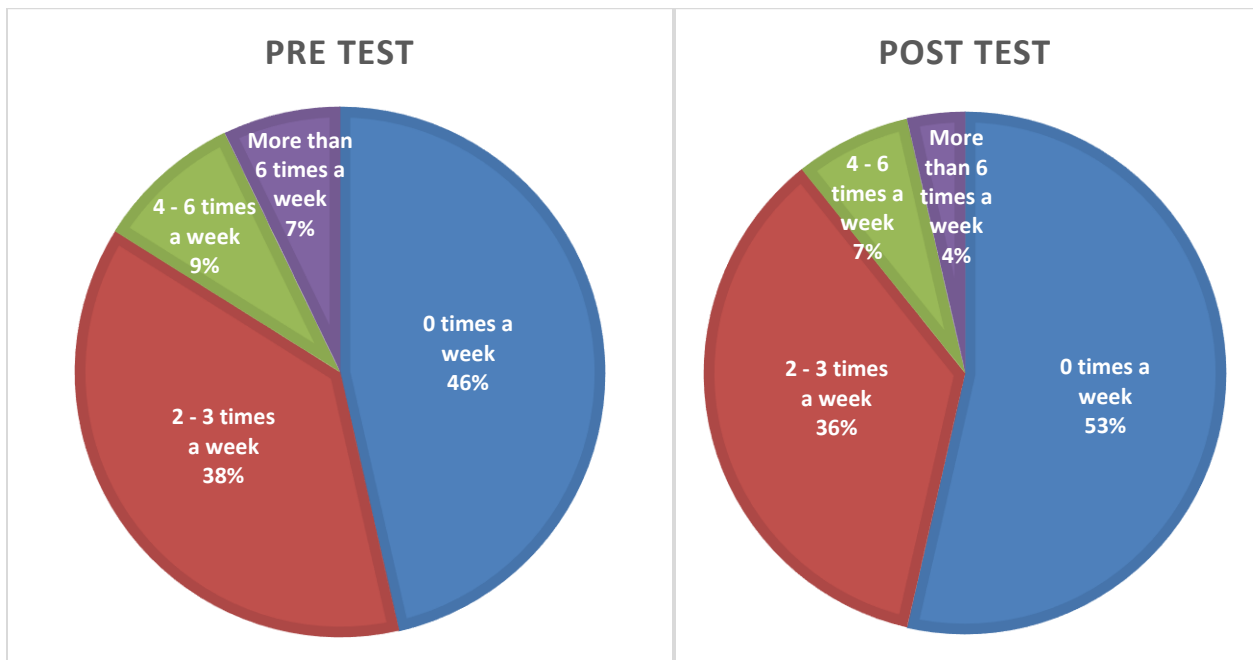
## Imagine HEALTH Program Evaluation Data: 2015-2016 Academic Year

The following results are based on self-reported survey responses from student participants administer the first day of the program and the last. The data reported reflects responses from 56 students from 5 high schools (Woodrow Wilson high school, Abraham Lincoln high school, Felicitas and Gonzalo Mendez high school, Sylmar high school, and Alexander Hamilton high school) in the Los Angeles area.

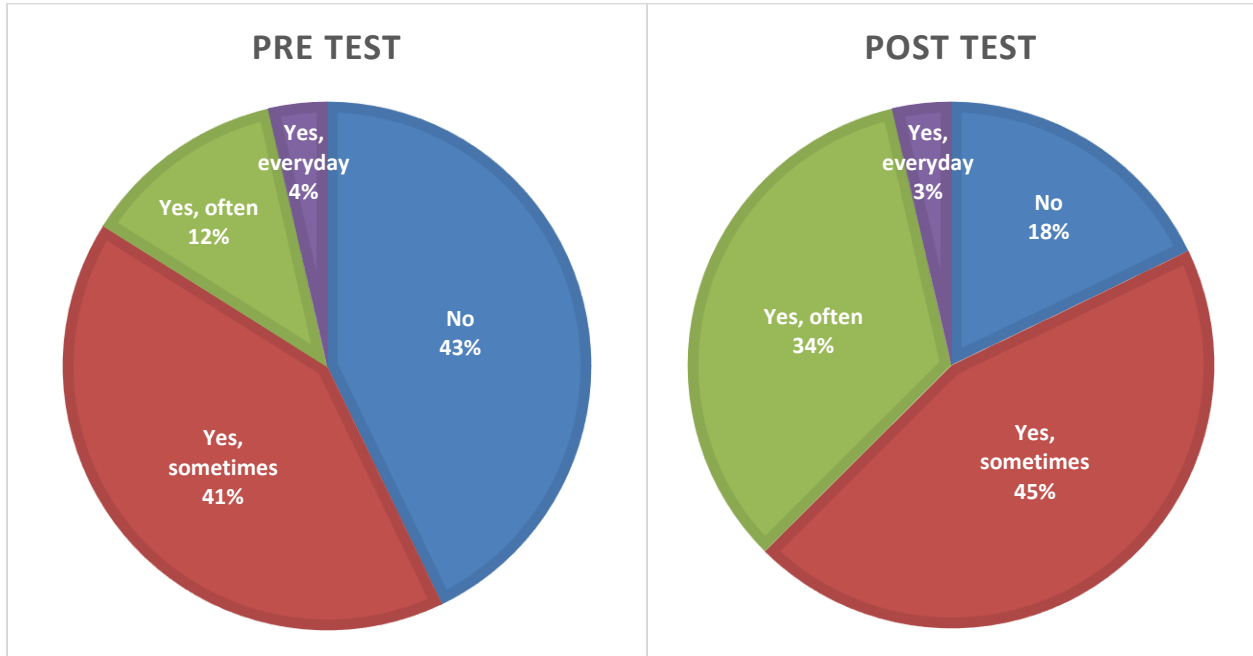
### Health Behavior Survey Responses

- **400% increase** in overall number of students who 2 cups of vegetables every day (2%→9%).
- **50% increase** in overall number of students who eat 3 or more cups of fruit everyday (7%→11%).
- **50% decrease** in overall number of students who drink soda more than 6 times a week (7%→4%).
- **91% increase** in overall number of students who eat breakfast 4-6 times a week (20%→38%).
- **171% increase** in overall number of students who use the food label often (13%→34%).
- **140% increase** in overall number of students who drink 8 or more cups of water everyday (9%→22%).

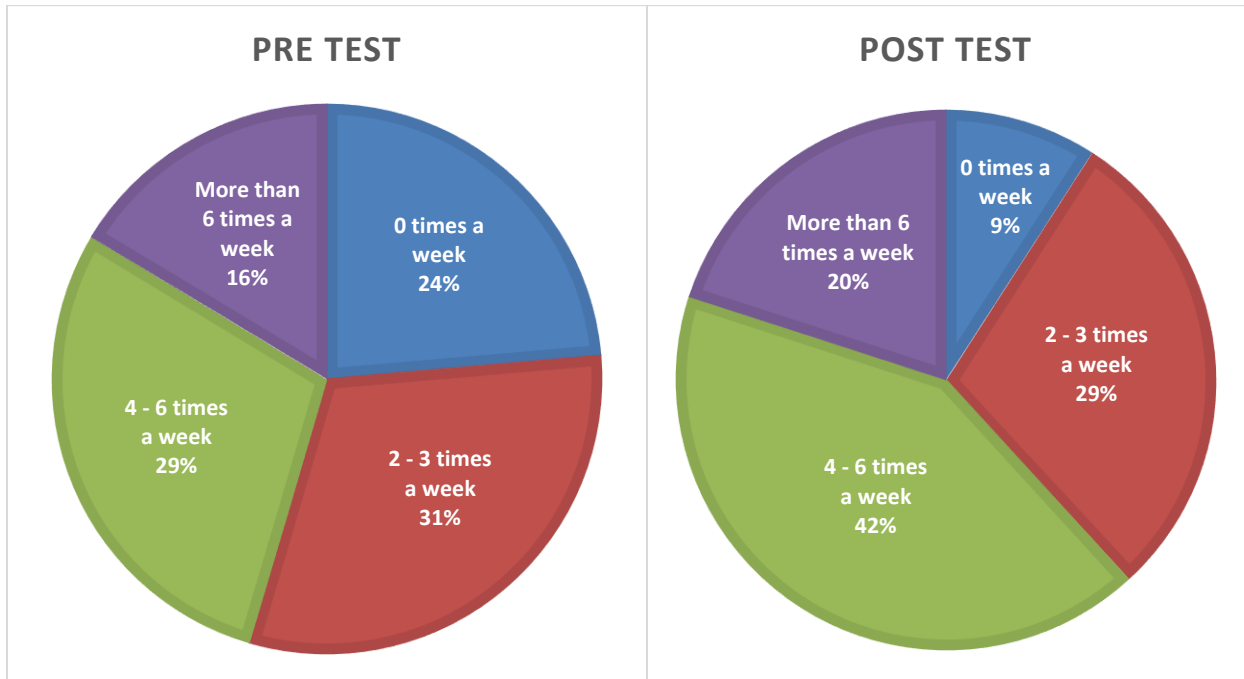
### Do you drink soda?



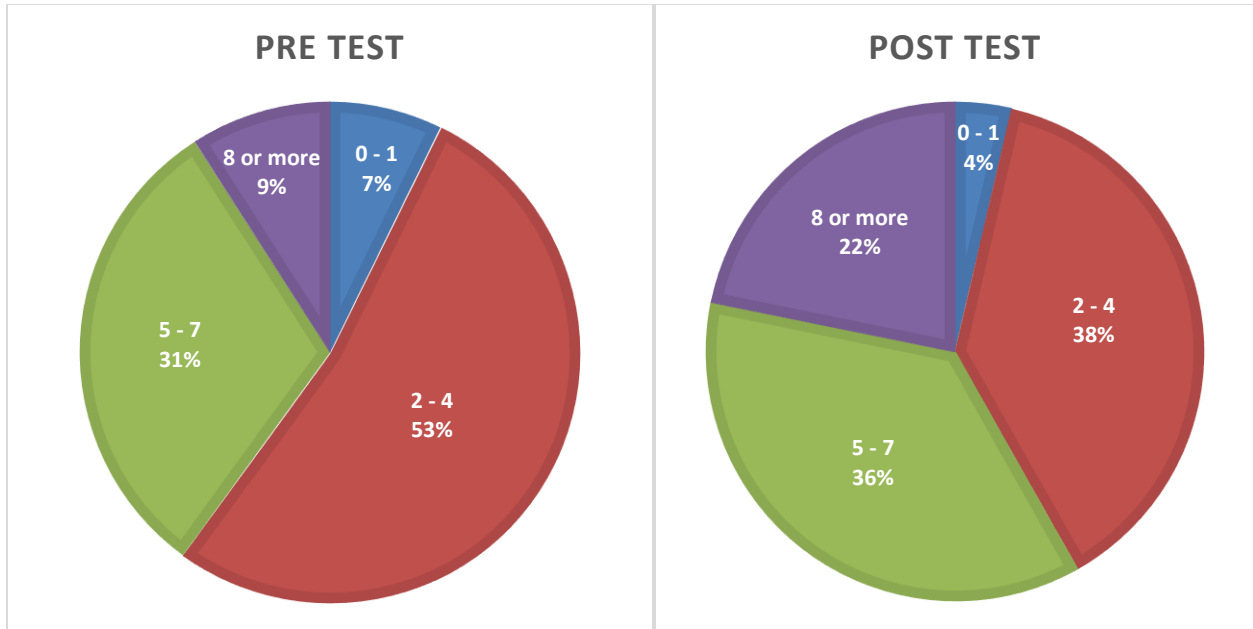
**Do you use this label when food shopping?**



**Do you exercise or play a sport for at least 60 minutes?**



### How many glasses of water do you drink a day?



### Nutrition Knowledge Test Responses

- **32% increase** in nutrition knowledge in middle school students

